

# MEMBERSHIP packages

## VITALS CARE

\$10 OFF >45 min sessions

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\$5 OFF <60 min sessions

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Min. 6 session required

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Share benefits with family

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No fees—just your commitment

**6 months**

## VITALS PLUS

\$15 OFF >45 min sessions

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\$10 OFF <60 min sessions

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Min. 12 sessions required

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Share benefits with family

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No fees—just your commitment

**12 months**

